## Is the air you're breathing killing you softly?



The air **you breathe** at home and at work **maybe** putting your health at risk. Research shows that indoor air can be up to 5 times more polluted than outdoor air. The **smart** way to keep you and your family safe is to understand the environmental condition of **the air** in your home and office.

Don't Guess. Let Us Test!

TREMEX - MOLD MASTERS

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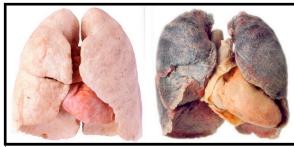


Photo of healthy lungs (left) and unhealthy lungs ((right).

## What are the causes of "sick building syndrome" (SBS)?

There are many factors that affect "sick building syndrome" (SBS). Sick building syndrome can be a result of Biological (e.g., Mold and Fungus), Chemical (e.g., Formaldehyde) or Environmental (e.g., Carbon Monoxide) contaminates . Biological contaminants are living organisms; mold, bacteria, fungi, and mammal and bird antigens that can be inhaled. Stagnant water and moisture are breeding grounds for mold and bacteria. Moisture can accumulate in ducts, humidifiers, drain pans and crawl spaces. Insects or droppings left behind by birds or rodents are sources of biological contaminants too. These contaminants can enter the building through crawl spaces. Mold is a serious concern. Health problems associated with the inhalation of airborne mold spores include allergic reactions, asthma episodes, irritations of the eye, nose and throat, sinus congestion, and other respiratory problems.

## What can TREMEX do for you?

TREMEX inspectors will evaluate the property according to industry standards. These samples are then forwarded to a nationally-certified testing laboratory to **identify and count** the mold spores and other contaminates found in the specimens submitted. The air quality tests **provides** results on chemical, biological and environmental contaminates. Finally, a certified inspector will analyze the laboratory report in the context of the conditions recorded at the structure.

TREMEX inspectors have the proper training and education to interpret laboratory results and can give guidance to residential and commercial property owners on how to improve the air quality. Sampling air quality is an important preventive tool for managing indoor air quality. When building occupants, management, and maintenance personnel fully understand the causes and consequences of sick building syndrome, they can prevent problems, or solve them if and when they do occur. Sampling indoor air quality is as paramount to your health as a doctor ordering blood work.

**TREMEX** strongly advises **that** all home and office environments be tested. Reducing exposure to indoor air pollutants is the best way to avoid health hazards.

Call and schedule an appointment to have a **TREMEX** inspector to take an air sampling for contaminants so you'll know if your home or business is making you sick.

Don't Guess, Let Us Test!

Call TREMEX today 1-843-849-8994.